

Newton Westpark Nursery



EYFS Prime Area - Personal, Social and Emotional Development

Successful personal, social and emotional development is critical for very young children in all aspects of their lives and gives them their best opportunity for success in all other areas of learning.

Every young child needs to develop as an independent confident person, learn to socialise with other people and begin to understand and express their emotions. It's something that affects all areas of their life and it gives them the best opportunity for success in learning as they grow up.

It's about emotional wellbeing, knowing who they are and where they fit in and feeling good about themselves. It's also about developing respect for each other, being able to cope socially and interact with other people and being ready and willing to learn.

Forming sound relationships with other children and adults gives your young child the security to develop in these areas. Learning to take turns and share, understanding right and wrong, recognising that people have different views and beliefs, which should be respected.

Having a thirst for learning, the confidence to try new activities and the ability to concentrate, will stand them in good stead through their school years and beyond.

Ways you can help at home

- ☺ Ensure your child's day has a routine. This will give them a sense of security
- ☺ Give them small responsibilities at home, such as tidying toys with you and putting things away
- ☺ Be consistent in the way you talk to your child and handle situations, this will show them that they can depend on you and feel safe
- ☺ Understand your child's point of view when things aren't going their way and talk it through. This helps your child to understand their own and other people's emotions